



June Lunches

"1, 2, 3, 4 aim for four"



The Lunch Program offers items from each of the four food groups to ensure a variety of nutrients required for good health.

Circle the requested drink for each day. White = Wh, Chocolate = Ch, Juice =J, Iced Tea = IT
 Circle Veggies or Fruit for each day. Circle Choice for Homemade Soup: Yes or No.
 Any meal can be substituted with Pizza or Chicken Nuggets.

Monday	Tuesday	Wednesday	Thursday	Friday
* Please choose Booster Juice: Strawberry Sunshine <input type="checkbox"/> Very Berry <input type="checkbox"/> Mango Hurricane <input type="checkbox"/> ** Please choose Tim Horton's Sub: Turkey <input type="checkbox"/> or Ham <input type="checkbox"/>			1 Ch or Wh or J or IT Soup/Bun Fruit Bar	2 Ch or Wh or J or IT Pork Roast Scallops Fruit Bar
5 Booster Juice* Chicken Nuggets Fruit Bar	6 Ch or Wh or J or IT Pizza Bites Fruit	7 Milk only Ch or Wh	8 Ch or Wh or J or IT Meatloaf/Mash/Gravy Fruit Bar	9 Ch or Wh or J or IT Chicken Caesar Salad Toast/Fruit Bar
12 No School	13 Ch or Wh or J or IT Chicken Wings Veggies	14 Ch or Wh or J or IT Tim Horton's** Fruit Bar	15 Ch or Wh or J or IT Pizza Cookie	16 Ch or Wh or J or IT Beef Stroganoff Fruit Bar
19 Ch or Wh or J or IT Chicken Enchiladas Veggies	20 Ch or Wh or J or IT Hamburgers Fruit	21 Ch or Wh or J or IT Rice/Fish Sticks Fruit	22 Ch or Wh or J or IT Perogies/Kabasa Fruit Bar	23 Ch or Wh or J or IT Chicken Strips Chips
26 Ch or Wh or J or IT Taco in a Bag Fruit	27 Ch or Wh or J or IT Pancakes Jello	28 Ch or Wh or J or IT Chicken Casserole Fruit	29 Pop Pizza Ice Cream	30 No Lunch

..... KEEP TOP PART FOR YOUR RECORDS

Name: _____ Grade: _____

If ordering Booster Juice or Tim Hortons, orders must be in by June 1st.

- **June 5th Booster Juice Day:**
 Strawberry Sunshine Very Berry Mango Hurricane
- **June 14th Tim Hortons Sub:** Turkey Ham

Meal	\$4.85	x	_____	=	_____
X Drink	\$1.00	x	_____	=	_____
X Piece	\$1.85	x	_____	=	_____
X Ice Cream	\$1.00	x	_____	=	_____
Total \$					_____

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meal____ Ch or Wh or J or IT Homemade Y or N X drink____ X ice cream____	2 Meal____ Ch or Wh or J or IT X drink____ X ice cream____
5* Meal____ Ch or Wh or J or IT X drink____ X ice cream____	6 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	7 Milk Only Ch or Wh	8 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	9 Meal____ Ch or Wh or J or IT X drink____ X ice cream____
12 No School	13 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	14** Meal____ Ch or Wh or J or IT X drink____ X ice cream____	15 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	16 Meal____ Ch or Wh or J or IT X drink____ X ice cream____
19 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	20 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	21 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	22 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	23 Meal____ Ch or Wh or J or IT X drink____ X ice cream____
26 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	27 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	28 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	29 Meal____ Ch or Wh or J or IT X drink____ X ice cream____	30 No Lunch

Please make cheques payable to Wexford Street Projects.